



OF SPECIAL  
INTEREST:

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## Minister's Message

Brothers and Sisters,

Peace and all good!

This past month during our annual retreat at Priest Field, the Brothers and Sisters of Tau had the opportunity to bond with one another and with the Brothers and Sisters of Portiuncula.

While there are many ways to get involved with the Secular Franciscans at the regional and even national level, the bonding at the local level is always so special. It is perhaps even foundational to what it means to be in fraternity.

As St. Francis writes, "We are mothers of our Lord Jesus Christ when we carry him in our hearts and in our bodies, lovingly, and with a pure and sincere conscience, and give birth to him through the working of his grace in us which should shine forth as an example to others."

The working of His grace to nurture one another like a mother nurtures a child is at the heart of our fraternal bonds.

Beyond the annual retreats, there are other means for us to bond together.

Certain members come together for apostolates, and others organically start new avenues for living in communion with our Brothers and Sisters. In particular, I'd like to call attention to Brother Bill's Plastic Apostolate, Brother Gil's Contemplative Workshops, and Sister Sharon's Shawl Apostolate.

Please keep all of this wonderful self-initiative coming!

Josh





## Organization

**Tau Fraternity**  
c/o St. Joseph Catholic Church  
750 Peachtree St.  
Herndon, VA 20170

**Meetings every 1st Sunday**  
**of the month at:**  
**St. Joseph Catholic Church**  
**750 Peachtree St., Room 205**

PACE  
&  
BENE

The Tau Fraternity of the Secular Franciscan Order was canonically established on June 21, 1992. The Fraternity is affiliated with the Third Order Regular of St. Francis, Province of the Most Sacred Heart of Jesus. Tau Fraternity is in the St. Margaret of Cortona Region of the Secular Franciscan Order.

The Tau Fraternity Council currently includes the following officers:

- Minister — Josh Goldberg, OFS
- Vice Minister — Liz Wellborn, OFS
- Formation Director — Bill Richey, OFS
- Secretary — Barbara Slivers, OFS
- Treasurer — Joe Boyle, OFS
- Councilor — Kimberley Heatherington, OFS



## Monthly Tau Contemplative Prayer & Franciscan Spirituality Zoom Discussion led by Gil Donahue, OFS



Join your fellow Franciscans in a lively, hour-long discussion of contemplative prayer and Franciscan spirituality each month, led by Brother Gil!

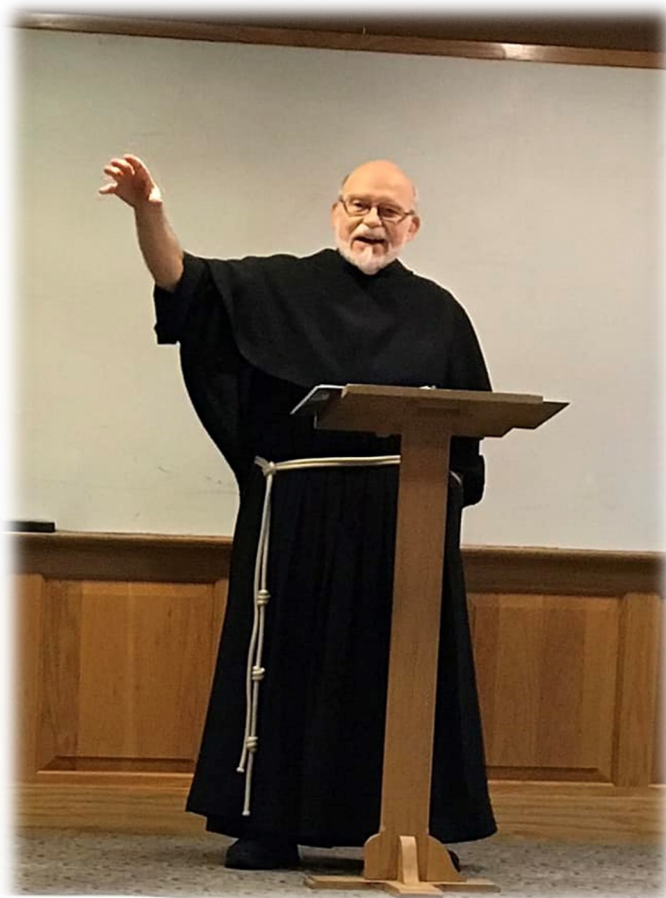
The next meeting will be on Monday, June 10 at 7:00 PM.

E-mail Gil to receive a Zoom link.

Buy this sticker at: [www.redbubble.com/i/sticker/St-Francis-of-Assisi-Contemplation-and-Meditation-by-stickercircle/144775557.EJUG5](https://www.redbubble.com/i/sticker/St-Francis-of-Assisi-Contemplation-and-Meditation-by-stickercircle/144775557.EJUG5)

# TAU ANNUAL RETREAT: MAY 17-19

With thanks to photographers Joe Boyle, OFS; Josh Goldberg, OFS; and Vera Stewart, OFS.



# TAU ANNUAL RETREAT: MAY 17-19



# RECAP OF MAY 5 GATHERING

## PRESENTATION

Lisa Jaeger, OFS, provided a Power Point presentation, "Camino de Santiago de Compostela." This is a network of pilgrims' paths leading to the shrine of St. James the Greater at the cathedral of Santiago de Compostela in Galicia, northwestern Spain.

- St. James was the brother of St. John the Evangelist — the "sons of thunder" and sons of Zebedee
- The Apostle James was first to leave Jerusalem to spread news of the resurrection to all nations
- Holy Mary appeared to him in his discouragement — the first Marian apparition, and the only one while she was alive — and promised a memorial built would not be destroyed (Zaragoza, Spain)
- He returned to Jerusalem (40-41 AD); he was the first Apostle to be martyred, and was beheaded on order of Herod Agrippa (44 AD)
- Disciples returned to Spain with his body, which was interred in Galicia
- The Christian hermit Pelagius saw stars over a deserted mountain (813 AD); St. James' tomb discovered
- Cathedral of Santiago was constructed from 1075-1211
- Routes begin in ten official countries; pilgrims can also begin the journey in unofficial countries
- Heber Garcia, OFS, Bob Calderone, OFS, and Walter Gawlak, OFS, have traveled routes in Spain/Portugal

## ONGOING FORMATION

Bill Richey, OFS, highlighted May as the month of Blessed Mary and led a group discussion on his previously shared handout highlighting our Mother in her role as Intercessor/Advocate and St. Francis's devotion to and imitation of her:

### **The Rule of the Secular Franciscan Order - Article 9**

The Virgin Mary, humble servant of the Lord, was open to his every word and call. She was embraced by Francis with indescribable love and declared the protectress and advocate of his family. The Secular Franciscans should express their ardent love for her by imitating her complete self-giving and by praying earnestly and confidently.

### **From the Prologue of The Rule of the OFS**

...We are spouses, when by the Holy Spirit the faithful soul is united with our Lord Jesus Christ; we are brothers to him when we fulfill "the will of the Father who is in heaven" (Mt 12:50). We are mothers, when we carry him in our heart and body (cf. 1 Corinthians 6:20) through divine love and a pure and sincere conscience; we give birth to him through a holy life which must give life to others by example (cf. Mt 5:16).

### **The Annunciation: Her Response**

You see before you the Lord's servant, let it happen to me as you have said.

### **Canticle of Mary (Magnificat) - Luke 1:46-48**

My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Savior  
for he has looked with favor on his lowly servant.

### **Wedding Feast at Cana - John 2:5**

His mother said to the servants, "Do whatever he tells you."

# APOSTOLATES

## MISSIONARIES OF CHARITY HOSPICE

Thanks to our Brothers and Sisters who support the apostolate at the Missionaries of Charity Gift of Peace House.

The next food delivery will be either **Saturday, June 8**; the menu will be pasta.

If you would like to help or have questions, please contact Veronica O'Donnell, OFS.

## ST. VINCENT DE PAUL

Help to feed the hungry. Joe Boyle, OFS, volunteered to shop and deliver food to the St. Vincent de Paul Society chapter at St. Timothy Catholic Church. Food donations may be dropped off prior to the Tau Gathering in the stairwell on the right at St. Joseph School. You can also provide a monetary donation to Joe, who is Tau Treasurer. Thank you!

For more information, see

<https://sttimothyparish.org/outreach-and-ministries/st-vincent-de-paul/>

## POOR CLARES OF NEW JERSEY

Tau Fraternity supports the Monastery of St. Clare in Chesterfield, NJ, with a biannual monetary donation. The monastery is home to Sister Karen Stapleton, OSC, who began her Franciscan journey with Tau Fraternity. The main work of the Poor Clares of NJ is to provide Altar Bread to parishes in the diocese of Trenton.

For more information, or to submit a prayer intention to the Poor Clares, see [The Poor Clares of New Jersey — Joyfully Embracing the Gospel Way of Life .\(poorclaresnewjersey.com\)](http://ThePoorClaresofNewJersey.com)

Watch their YouTube video [A Quiet Joy: New Jersey's Monastery of Saint Clare](https://www.youtube.com/watch?v=...)

## FRANCISCAN MISSION SERVICE

Tau Fraternity provides a biannual monetary donation to Franciscan Mission Service. The organization prepares and supports lay Catholics for mission service opportunities around the globe.

For more information, see [Home | Franciscan Mission](#)

## PRAYER SHAWL APOSTOLATE

Tau Fraternity provides handmade prayer shawls to individuals in the Diocese of Arlington. Currently, shawls are being provided to pregnant women participating in the Gabriel Project. For more information, please contact Sharon Goldberg, OFS.

## ECUMENICAL APOSTOLATE

Tau Fraternity partners with the First Baptist Church of Herndon to provide English lessons to students. Tau members volunteer time and talent to teach at Introductory, Intermediate, and Advanced levels. For more information or to volunteer, please contact Sally White, OFS.

Many thanks!



**James 2:17**

# APOSTOLATE NEWS

## TAU ROSARY APOSTOLATE

Sally White, OFS, says, "Congratulations to all of you who gathered, made, purchased, and donated rosaries for the rosary apostolate. You provided over 250 rosaries! On Sunday, May 4, the St. Joseph Church Hispanic community — along with members of the Fourth Degree Knights of Columbus, the Legion of Mary, and the Prayer Cenacle — led a Marian Procession from the center of the Town of Herndon to St. Joseph's Church. Our Lady was crowned with roses and honored on a float with hundreds of roses. During the procession, your donated rosaries were used by all the people in the procession. Remaining rosaries were donated to the Legion of Mary."



## TAU ESL CLASSES APOSTOLATE

Sally White, OFS, reports that Tau volunteers for the English classes at the First Baptist Church of Herndon continue to teach and make improvements in the program. The volunteer teachers from the First Baptist Church and Tau Fraternity met to evaluate the program.

As a result they made several decisions:

- Because students often look to their teachers for help, the teachers were reminded that when students request for assistance for issues outside of the English classes — such as requests for legal assistance, housing, employment, and etc. — these should be referred to the Fairfax County Assistance page. All students received this list of places to obtain such assistance when they registered for class.
- In order to help students with registration fees, several options are now available. If a student needs to repeat a level, they can register for that level at a reduced registration fee. If a student advances to the next level of classes and has not written in their textbook, they can exchange their book for the textbook of their new level and register at a reduced fee.
- In order to improve proper placement of students in classes, the teachers are reviewing a new pre-testing template for the Fall semester.
- Classes are held at night and entry by unauthorized people has occurred. A decision to increase building security measures was referred to and accepted by the First Baptist Church.
- To help students retain their knowledge over the summer, Bill Bouffard, OFS, will hold a summer session from June 4 to July 30. The students will practice their reading and pronunciation skills using the book *Treasure Island*.



Registration dates for the Fall semester are September 10 and 11, 2024. The start date for classes is September 17, 2024. The final day of classes is December 17, 2024.

ENGLISH AS A SECOND LANGUAGE

# APOSTOLATE NEWS

## PRAYER SHAWL APOSTOLATE



Sharon Goldberg, OFS, and her busy knitters recently provided more prayer shawl gift bags to Gabriel Project mothers-to-be!



# TAU COMMITTEES

If you are interested in participating actively in a Tau Committee,  
take a moment to chat with the chair:

Cultural Diversity Committee — Sally White, OFS

Hospitality Committee — Cyndy Filan-Kim, OFS

Interfaith/Ecumenical Committee — Kimberley Heatherington, OFS

Infirmarian Committee — Sharon Goldberg, OFS

Recruitment Committee — Vacant

Technology Committee — John Ata, OFS



# PRAYER INTENTIONS

HEAR US, LORD!

*Please keep the following intentions in your prayers:*

For the physical and spiritual healing of Sylvia Capurso; Cynthia Filan-Kim's sister; Sally White and her husband Gary; Richard and Carole Clarke and their grandsons Liam and Rory.

For peace in the Middle East.

For the patients and Sisters at the Missionaries of Charity Gift of Peace House. For the people affected by Coronavirus and their caregivers. For the Mother of Mercy Free Medical Clinic and its patients. For all peoples who suffer persecution. For the country of Myanmar and its citizens. For the victims of natural disasters. For refugees and migrant workers. For Russians opposing the war in Ukraine.

For all those who are in need of our prayers who have been inadvertently omitted from this list.

Please send prayer requests to Josh Goldberg, OFS.

*Do not be anxious about anything,  
but in everything, by prayer and  
petition, with thanksgiving, present  
your request to God.*

*Philippians 4:6-7*



# 2024 CHAPTER OF MATS

SEPTEMBER 6-8

The Chapter of Mats is a very ancient tradition that dates back to the beginnings of the Franciscan Order, and to St. Francis himself. In 1221, the friars gathered in Assisi for the Pentecost General Chapter. However, due to a lack of space, they slept on straw mats — hence the name. In our era, the Chapter of Mats is a gathering of Secular Franciscans from all over the St. Margaret of Cortona Region, to which Tau Fraternity belongs. The 2024 gathering theme is “The Next 800 Years.”

See more details here: <https://saintmargaretofcortona.org/upcoming-events>

**2024 Chapter of Mats—September 6 - 8, 2024**



**3035 Buckeystown Pike—Adamstown, MD 21710**

**Claggett Center Website — <https://www.claggettcenter.org/>**



**Scroll down for pictures at the Claggett Center**

## SAVE THE DATE

Join us for the St. Margaret of Cortona 2024 Chapter of Mats

**The Next 800 Years**

The Chapter is a gathering of Secular Franciscans

**to celebrate -**

where we've been, where we are now, where we are going.

**September 6-8, 2024**

**Claggett Center, Adamstown, Maryland**

Watch the *Up to Now* for more details.

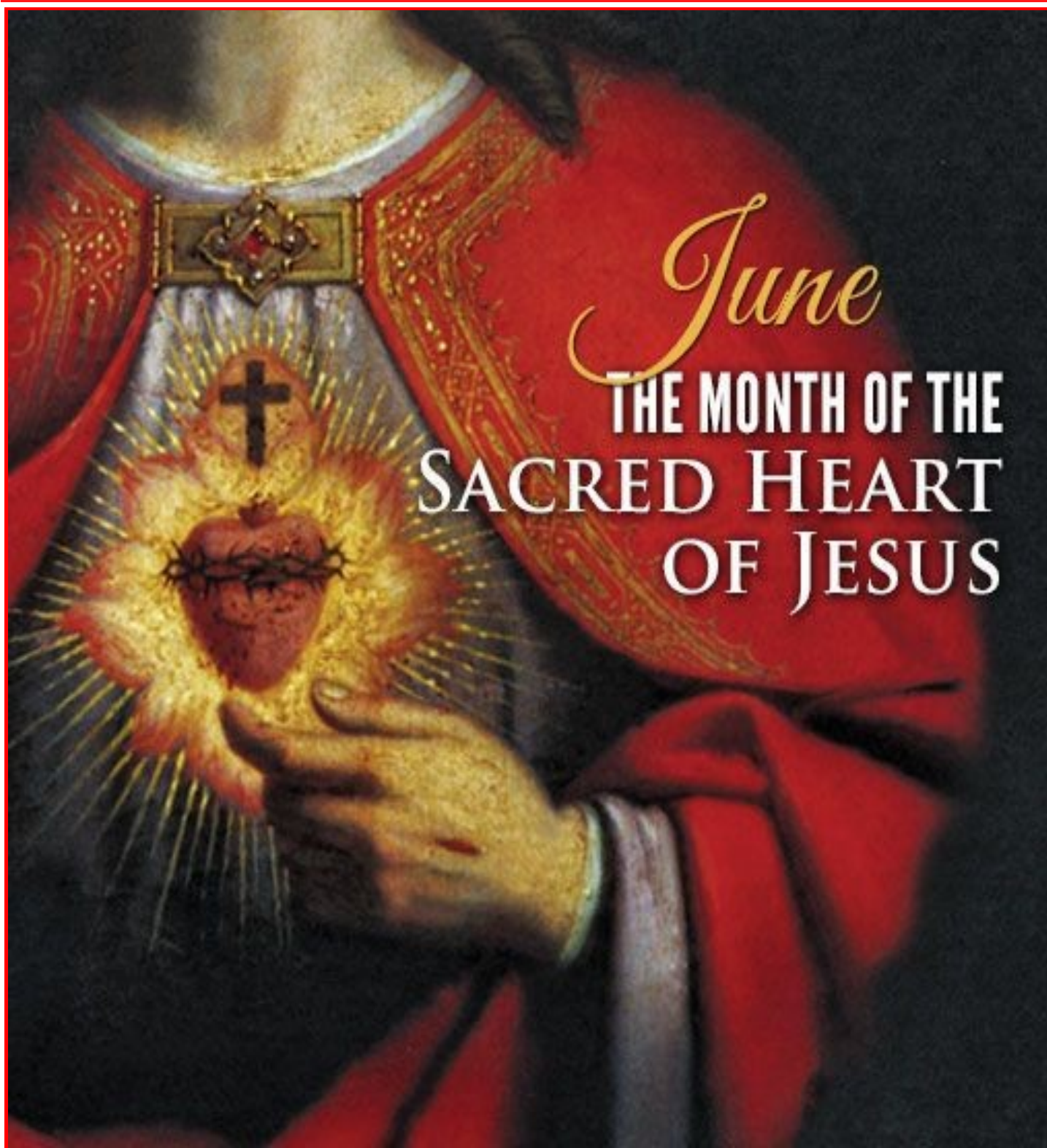
**\*\*Please share with ALL members of the fraternity.\*\***

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JUNE: MONTH OF THE SACRED HEART OF JESUS

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POETRY, DEVOTIONS & PRAYER



# JUNE: MONTH OF THE SACRED HEART OF JESUS

## POETRY, DEVOTIONS & PRAYER



**"KEEP LOOKING  
AT THE SACRED HEART.  
WHY WORRY?  
YOU ARE HIS..."**

**-ST. TERESA  
OF CALCUTTA**

## SACRED HEART of JESUS



The Heart of Jesus is the ultimate  
symbol of God's mercy;  
but it is not an imaginary symbol,  
it is a real symbol,  
which represents the center,  
the source from which salvation  
for all humanity gushed forth.

-Pope Francis

## Litany of the Most Sacred Heart of Jesus

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Christ, hear us.

Christ, graciously hear us.

God, the Father of Heaven,  
*have mercy on us.*

God the Son, Redeemer of the world, *have mercy on us.*

God, the Holy Spirit, *have mercy on us.*

Holy Trinity, One God, *have mercy on us.*

Heart of Jesus, Son of the Eternal Father, *have mercy on us.*

Heart of Jesus, formed by the Holy Spirit in the  
womb of the Virgin Mother, *have mercy on us.*

Heart of Jesus, substantially united to the Word of God,  
*have mercy on us.*

Heart of Jesus, of Infinite Majesty, *have mercy on us.*

Heart of Jesus, Sacred Temple of God, *have mercy on us.*

Heart of Jesus, Tabernacle of the Most High, *have mercy on us.*

Heart of Jesus, House of God and Gate of Heaven, *have mercy on us.*

Heart of Jesus, burning furnace of charity, *have mercy on us.*

Heart of Jesus, abode of justice and love, *have mercy on us.*

Heart of Jesus, full of goodness and love, *have mercy on us.*

Heart of Jesus, abyss of all virtues, *have mercy on us.*

Heart of Jesus, most worthy of all praise, *have mercy on us.*

# JUNE: MONTH OF THE SACRED HEART OF JESUS

## POETRY, DEVOTIONS & PRAYER

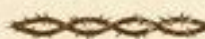
### SACRED HEART *of Jesus*



**Jesus' Sacred Heart** represents the divine love He shares with the Father and the Holy Spirit, and the love He has for us. It also represents His physical human heart, the Word made flesh through the Incarnation.



**Cross:** The crucifixion, the ultimate sacrifice. "God so loved the world that He gave His only Son." (*Jn 3:16*)



**Crown of Thorns:** Jesus' suffering and agony on the cross, which He willingly endured for our sake.



**Flames:** Jesus' burning love for us and its purifying and transformational power.



**Wound & Blood:** The piercing of Jesus' side during His crucifixion. His precious blood spilled for our redemption.

# CALENDAR: ACTIVITIES & EVENTS

## June is the Month of the Sacred Heart of Jesus\*

- June 2      Tau Fraternity Gathering  
Solemnity of the Most Holy Body and  
Blood of Christ (Corpus Christi)
- June 6      Anniversary of John Ata's & Bill Richey's  
profession
- June 8      Missionaries of Charity Hospice Cooking  
Apostolate
- June 11     Memorial of St. Barnabas, Apostle
- June 13     Feast of St. Anthony of Padua
- June 20     World Refugee Day
- June 21     Tau Fraternity Anniversary  
Jim Haynes' birthday
- June 22     Feast of St. Thomas More  
Stanley Hoover's birthday
- June 24     Nativity of St. John the Baptist
- June 29     Solemnity of Saints Peter and Paul

\*See the Franciscan Calendar for more dates:  
<https://www.roman-catholic-saints.com/traditional-franciscan-calendar.html>

## June 2024

| Su | Mo | Tue | We | Thu | Fri | Sat |
|----|----|-----|----|-----|-----|-----|
|    |    |     |    |     |     | 1   |
| 2  | 3  | 4   | 5  | 6   | 7   | 8   |
| 9  | 10 | 11  | 12 | 13  | 14  | 15  |
| 16 | 17 | 18  | 19 | 20  | 21  | 22  |
| 23 | 24 | 25  | 26 | 27  | 28  | 29  |
| 30 |    |     |    |     |     |     |

## July 2024

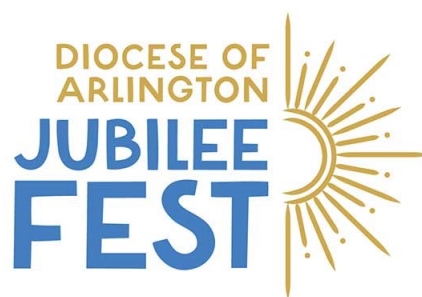
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|    | 1  | 2   | 3  | 4   | 5   | 6   |
| 7  | 8  | 9   | 10 | 11  | 12  | 13  |
| 14 | 15 | 16  | 17 | 18  | 19  | 20  |
| 21 | 22 | 23  | 24 | 25  | 26  | 27  |
| 28 | 29 | 30  | 31 |     |     |     |



NATIONAL  
**Eucharistic  
 Congress**

**July 17-21**  
**Indianapolis, Indiana**

[www.eucharisticcongress.org](http://www.eucharisticcongress.org)



**Saturday, June 8**  
[www.arlingtondiocese.org/jubilee-fest/](http://www.arlingtondiocese.org/jubilee-fest/)

# NEXT TAU GATHERING

JUNE 2, 2024

## SCHEDULE

- 1:30 PM** Opening Prayer: Jim Haynes, OFS  
Social Time
- 2:00 PM** Bill Richey, OFS: Ongoing Formation
- 2:45 PM** Break
- 3:00 PM** Heber Garcia, OFS & Sharon Goldberg,  
OFS: Presentation on "Grace in Aging"
- 3:30 PM** Angelus & Liturgy of the Hours
- 3:45 PM** Business Meeting
- 4:00 pm** Closing Prayer

St. Joseph  
Room 205

## INITIAL FORMATION

**Inquirer:** Ch. 6 in *The Franciscan Journey*

**Candidate:** Ch. 18 in *The Franciscan Journey*

## ONGOING FORMATION

Ongoing Formation will include a discussion of the 2024 Tau Annual Retreat theme — the 800th anniversary of St. Francis' receiving the Stigmata.

During Ordinary Time, we will precede Liturgy of the Hours with the Angelus:

### *The Angelus*

V. The Angel of the Lord declared  
unto Mary,

R. And she conceived of the Holy  
Spirit.

---- Pray The HAIL MARY ----

V. Behold the handmaid of the Lord,

R. Be it done unto me according to  
your Word.

---- Pray The HAIL MARY ----

V. And the Word was made flesh,

R. And dwelt among us.

---- Pray The HAIL MARY ----

V. Pray for us, O holy Mother of God,

R. That we may be made worthy of the  
promises of Christ.

--- LET US PRAY ---

Pour forth, we beseech You, O Lord, Your  
grace into our hearts: that we, to whom  
the Incarnation of Christ Your Son was  
made known by the message of an Angel,  
may by His Passion and Cross be brought  
to the glory of His Resurrection. Through  
the same Christ our Lord. Amen.



Pray The HOLY ROSARY Daily / facebook.com

## LITURGY OF THE HOURS CORPUS CHRISTI

### Midday Prayer

See [here](https://divineoffice.org/corpus-christi-dp2-current/?date=20240602) or <https://divineoffice.org/corpus-christi-dp2-current/?date=20240602>

### Evening Prayer

Corpus Christi  
Evening Prayer II: pg. 658  
Hymn: TBD

Scripture & Responsory Reader:  
Clari Claus, OFS

Contact  
Liz Welborn, OFS,  
to volunteer for July  
Scripture Reading  
and Responsory.