



OF SPECIAL
INTEREST:

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and A Meal! (Sept. 15)
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(Oct. 6)
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Minister's Message

Brothers and Sisters,

Peace and all good!

As my daughter has recently started her freshman year of college, I am reminiscing about my college days. She has been debating the merits of joining a sorority. While there are certainly some stigmas of college fraternities and sororities, the concept of joining together in fraternal life has its wisdom.

In the preamble to my college fraternity's constitution, it starts with noting that the "cultivation of an elevated friendship is so liable to be retarded by the petty jealousies and misunderstandings that assail frail human nature." The prioritization of a "hallowed friendship" in the preamble is also a hallmark of Tau.

While one of key components of our fraternal life at Tau is to support one another's daily conversion in living the rule to which we professed, it's also to love each other as brothers and sisters of the light.

While Tau will not be soon imitating scenes from *Animal House*, we do share that sacred spirit of fellowship.

Josh





Organization

Tau Fraternity
c/o St. Joseph Catholic Church
750 Peachtree St.
Herndon, VA 20170

Meetings every 1st Sunday
of the month at:
St. Joseph Catholic Church
750 Peachtree St., Room 205

PACE
&
BENE

The Tau Fraternity of the Secular Franciscan Order was canonically established on June 21, 1992. The Fraternity is affiliated with the Third Order Regular of St. Francis, Province of the Most Sacred Heart of Jesus. Tau Fraternity is in the St. Margaret of Cortona Region of the Secular Franciscan Order.

The Tau Fraternity Council currently includes the following officers:

- Minister — Josh Goldberg, OFS
- Vice Minister — Liz Wellborn, OFS
- Formation Director — Bill Richey, OFS
- Secretary — Barbara Slivers, OFS
- Treasurer — Joe Boyle, OFS
- Councilor — Kimberley Heatherington, OFS



<https://tauofs.org>

Monthly Tau Contemplative Prayer & Franciscan Spirituality Zoom Discussion led by Gil Donahue, OFS



The Tau Contemplative Prayer & Franciscan Spirituality discussion group will take place Monday, September 9 from 7:00 - 8:00 p.m.

The theme will be
The 800th Anniversary of the Stigmata
of St. Francis.

Contact Gil to receive a Zoom link.

Buy this sticker at: www.redbubble.com/i/sticker/St-Francis-of-Assisi-Contemplation-and-Meditation-by-stickercircle/144775557.EJUG5

RECAP OF AUGUST 4 GATHERING

PRESENTATION

Veronica O'Donnell, OFS, introduced Dot Chambers — a friend, neighbor, and colleague of Sally White, OFS. Dot and Sally formed the First Baptist Church of Herndon and Tau Fraternity partnership to provide English as a Second Language (ESL) classes at First Baptist Church. The initial class started with 10 students. Current classes have 45 students!

Dot shared the history of the First Baptist Church of Herndon:

- Established in 1899, with the original belltower bell donated by a Catholic friend of the man who donated the land for the church
- 1951: Fellowship Hall added; 1955: Education wing added; 1986-1987: Reconstruction to increase sanctuary size
- Original stained glass remains
- Dot grew up in the then-small farming town of Herndon; a paternal great aunt was a congregant, and Dot's sister married Pastor Wyatt's son
- Dot joined First Baptist 10 years ago, coming from the Presbyterian Church after the death of her mother
- First Baptist belongs to the Cooperative Baptists Fellowship; very independent
- Totally Bible-based, including governance
- Currently has an interim minister; women can hold any position, including minister/pastor; hoping to attract a pastor with children; search Committee formed to find new pastor, vote of congregation will then be taken
- Deacons responsible for raising issues and finding solutions
- 100 parishioners decreased to 70 post-COVID pandemic
- Diverse, multinational congregation
- They have an 104-year-old parishioner who's been a congregant since infancy; only one child (infant) currently
- Sunday School curriculum can be reinstated if members with children join
- Believe in the authority of Scripture under the leadership of Jesus and the Holy Ghost
- Services include Scripture, three songs, lament and praise, sermon, Mission statement, and taking up a collection
- Communion once a month, usually on the first Sunday — passed by deacons
- New members are welcomed with an Altar Call at the end of services, when they're asked to make a confession of faith and give testimonies
- Also have Adult Sunday School weekly — fun fellowship; many potlucks
- Fun "fact"/rumor: The women's knitting group runs the church!



RECAP OF AUGUST 4 GATHERING

ONGOING FORMATION

Bill Richey, OFS, led a group discussion of two WWII Franciscan martyrs:

Blessed Helene Restituta Kafka, FSCC, was born May 1, 1894, in Moravia, Austria-Hungary, the sixth daughter in her family.

She became a nurse in 1913 and worked in the city hospital in Austria, where she met members of the Franciscan Sisters of Christian Charity and entered their community.

She openly criticized Adolf Hitler and his Nazi Party after they annexed Austria in 1938. She said of herself, “A Viennese cannot keep her mouth shut.”

Though she openly defied their laws — including hanging crucifixes on the wall of every patient room and refusing to remove them — she was not arrested until Ash Wednesday, 1942. She was beheaded on March 30, 1943, on charges of favoring the enemy and conspiracy to commit high treason after refusing to renounce her religious community in return for her release. Pope John Paul II beatified her June 21, 1998.



Blessed Franz Jagerstatter, TOSF, was born May 20, 1907, in Austria.

He was a husband, father of three girls, farmer, and conscientious objector during WWII. He lived his Catholic faith with quiet, but intense conviction.

He was the only member of his village to vote against annexation of Austria by Germany. He refused to fight for the Nazis, believing that doing so would be a great sin.

He became a Third Order Franciscan while imprisoned. He was beheaded on August 9, 1943, for sedition, and beatified October 6, 2007.



PREPARE FOR THE TRANSITUS!

MORE DETAILS TO COME!

Transitus of St. Francis of Assisi
Thursday, October 3, 2024

The Transitus of Saint Francis is a yearly celebration by Franciscans around the world on October 3rd to commemorate the death of St. Francis, or his "passing" or "transitus".

The celebration takes place on the night before his feast day and marks his transition from life on Earth to eternal life with God.

The word "transitus" comes from the Latin word for "passage" or "crossing."



UPCOMING TAU EVENTS

Join your brothers and sisters for Tau Mass & A Meal!

Sunday, Sept. 15, 2024 @ 11:00 AM - St. Joseph w/ Josh (Herndon)

Saturday, Oct. 19, 2024 @ 5:30 PM - St. Andrew the Apostle w/ Cyndy (Clifton)

Saturday, Nov. 16, 2024 @ 5:30 PM - Holy Spirit w/ Gil (Annandale)

Sunday, Feb. 16, 2025 @ 11:30 AM - St. John Neumann w/ Veronica (Reston)

Attend Mass at the parish of one of your Tau brothers or sisters, followed by a meal together at a nearby restaurant — don't miss these opportunities to worship with one another, and build community in our fraternity!



Additional details for each Tau Mass & A Meal date will follow by e-mail.

Help Prepare for the Annual Tau Open House on Sunday, October 6!



Do you know someone who might be interested in our Secular Franciscan way of life?

Invite them to “Come and See” at the October 6 Tau General Meeting at 1:30 p.m. — it's the Annual Tau Open House!

Parish bulletin blurbs and brochure distribution has been coordinated to 20 parishes — but you can still help to spread the word!

UPCOMING REGIONAL EVENTS

CHAPTER OF MATS: SEPTEMBER 6-8

The Chapter of Mats is a very ancient tradition that dates back to the beginnings of the Franciscan Order, and to St. Francis himself. In 1221, the friars gathered in Assisi for the Pentecost General Chapter. However, due to a lack of space, they slept on straw mats — hence the name. In our era, the Chapter of Mats is a gathering of Secular Franciscans from all over the St. Margaret of Cortona Region, to which Tau Fraternity belongs. The 2024 gathering theme is “The Next 800 Years.”

See more details here: <https://saintmargaretofcortona.org/upcoming-events>

2024 Chapter of Mats—September 6 - 8, 2024




3035 Buckeystown Pike—Adamstown, MD 21710

Claggett Center Website — <https://www.claggettcenter.org/>



Scroll down for pictures at the Claggett Center



SAVE THE DATE

Join us for the St. Margaret of Cortona 2024 Chapter of Mats
The Next 800 Years

The Chapter is a gathering of Secular Franciscans
to celebrate -

where we've been, where we are now, where we are going.

September 6-8, 2024

Claggett Center, Adamstown, Maryland

Watch the *Up to Now* for more details.

****Please share with ALL members of the fraternity.****

UPCOMING NATIONAL EVENTS



Season of Caring for Creation *1 September – 4 October*

2024 Theme:

“Hope and Act with Creation”

“It is an ecumenical, world-wide event, with many opportunities to participate.”

RESOURCES

LEARN MORE

LEARN MORE ABOUT THE SEASON OF CARING FOR CREATION HERE:

<https://www.secularfranciscansusa.org/wp-content/uploads/JPIC-Resource-Bulletin-08.23.2024.pdf>

SAVE THE DATE

OFS-USA
20Q26
29 July - 02 August
Lexington, KY



LEARN MORE ABOUT THE Q HERE:

<https://www.secularfranciscansusa.org/wp-content/uploads/2026-Q-Spring-2024.pdf>

APOSTOLATES

MISSIONARIES OF CHARITY HOSPICE

Thanks to our Brothers and Sisters who support the apostolate at the Missionaries of Charity Gift of Peace House.

The next food delivery will be **Saturday, October 12**; the menu will be chicken dishes.

Joe Boyle, OFS, is the point of contact for this delivery; please contact him with any questions or to offer to help.

ST. VINCENT DE PAUL

Help to feed the hungry. Joe Boyle, OFS, volunteered to shop and deliver food to the St. Vincent de Paul Society chapter at St. Timothy Catholic Church. Food donations may be dropped off prior to the Tau Gathering in the stairwell on the right at St. Joseph School. You can also provide a monetary donation to Joe, who is Tau Treasurer. Thank you!

For more information, see <https://sttimothyparish.org/outreach-and-ministries/st-vincent-de-paul/>

POOR CLARES OF NEW JERSEY

Tau Fraternity supports the Monastery of St. Clare in Chesterfield, NJ, with a biannual monetary donation. The monastery is home to Sister Karen Stapleton, OSC, who began her Franciscan journey with Tau Fraternity. The main work of the Poor Clares of NJ is to provide Altar Bread to parishes in the diocese of Trenton.

For more information, or to submit a prayer intention to the Poor Clares, see [The Poor Clares of New Jersey — Joyfully Embracing the Gospel Way of Life .\(poorclaresnewjersey.com\)](http://www.poorclaresnewjersey.com)

Watch their YouTube video [A Quiet Joy: New Jersey's Monastery of Saint Clare](https://www.youtube.com/watch?v=...)

FRANCISCAN MISSION SERVICE

Tau Fraternity provides a biannual monetary donation to Franciscan Mission Service. The organization prepares and supports lay Catholics for mission service opportunities around the globe.

For more information, see [Home | Franciscan Mission](#)

PRAYER SHAWL APOSTOLATE

Tau Fraternity provides handmade prayer shawls to individuals in the Diocese of Arlington. Currently, shawls are being provided to pregnant women participating in the Gabriel Project. For more information, please contact Sharon Goldberg, OFS.

ECUMENICAL APOSTOLATE

Tau Fraternity partners with the First Baptist Church of Herndon to provide English lessons to students. Tau members volunteer time and talent to teach at Introductory, Intermediate, and Advanced levels. For more information or to volunteer, please contact Sally White, OFS.

Many thanks!



James 2:17

APOSTOLATE NEWS: HOSPICE COOKING

MISSIONARIES OF CHARITY HOSPICE COOKING APOSTOLATE

On August 10, Joe Boyle, OFS, and Veronica O'Donnell, OFS, shared this message with Tau brothers and sisters:

“Thank you for all your support (food, prayers and assistance) which made this month’s Missionaries of Charity Food Apostolate a great success. FYI — a Saint Joseph’s parishioner graciously contributed two large trays of home-made pasta and meatballs, as well! In addition to the Food Apostolate donations, the Fraternity was able to provide the Sisters with much needed ‘kitchen supplies’.”



“This is just the trunk, you should have seen the two back seats and the ‘shotgun’ seat!”

APOSTOLATE NEWS: ESL CLASSES

ESL APOSTOLATE WITH FIRST BAPTIST CHURCH OF HERNDON

Sally White, OFS, reports that, "During August, the Baptists and Tau Brothers have joyously spent \$4,500.00 dollars from the Herndon Moose Lodge for classroom furniture and accessories. Eight long tables, three flip charts with stands, three storage cabinets, and 36 chairs arrived on three separate dates during the week of August 26 to be assembled at the First Baptist Church.

"Tau volunteers Bill Bouffard, OFS, Bill Richey, OFS, and Joe Boyle, OFS, answered a call for help in removing old furniture and assembling the new furniture. Classes start in September, and students will have three beautiful classrooms. They joined the Baptists in cleaning the three rooms before setting up each classroom. Audiovisual equipment and screens will arrive later in September."



Thirty-six trips for thirty-six chairs! Tau brothers did the muscle work.

APOSTOLATE NEWS: ESL CLASSES

ESL APOSTOLATE WITH FIRST BAPTIST CHURCH OF HERNDON



Dot does assembly... and voilà — a new classroom!

ESL
English as a Second Language

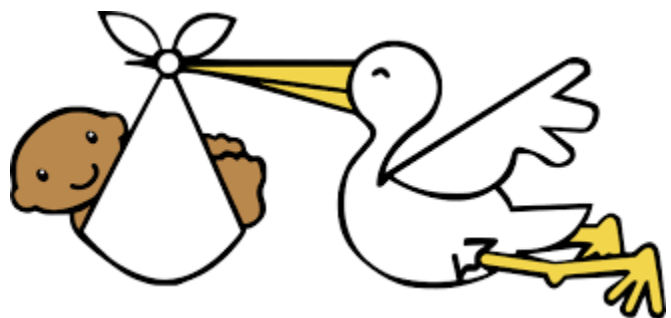


APOSTOLATE NEWS: PRAYER SHAWLS

PRAYER SHAWL APOSTOLATE

Sharon Goldberg, OFS, shares the latest from the Prayer Shawl Apostolate:

“31 shawls for 8/28 baby shower — 12 volunteers made it happen — Thank you all!”



TAU COMMITTEES

If you are interested in participating actively in a Tau Committee,
take a moment to chat with the chair:

Cultural Diversity Committee — Sally White, OFS

Hospitality Committee — Cyndy Filan-Kim, OFS

Interfaith/Ecumenical Committee — Kimberley Heatherington, OFS

Infirmarian Committee — Sharon Goldberg, OFS

Recruitment Committee — Vacant

Technology Committee — John Ata, OFS



TAU COMMITTEES: INTERFAITH/ECUMENICAL



SAVE THE DATE

IFC UNITY WALK 2024

SUNDAY, SEPTEMBER 8, 2024

12:30-1:30 RESOURCE FAIR

1:30-5:30 UNITY WALK PROGRAM

Join us in a public demonstration of love and support for
all who live in our region!



FOR MORE INFORMATION, VISIT: IFCMW.ORG

PRAYER INTENTIONS

HEAR US, LORD!

Please keep the following intentions in your prayers:

For the physical and spiritual healing of Sylvia Capurso; Cynthia Filan-Kim's sister; Sally White and her husband Gary; Richard and Carole Clarke and their grandsons Liam and Rory.

For peace in the Middle East.

For the patients and Sisters at the Missionaries of Charity Gift of Peace House. For the people affected by Coronavirus and their caregivers. For the Mother of Mercy Free Medical Clinic and its patients. For all peoples who suffer persecution. For the country of Myanmar and its citizens. For the victims of natural disasters. For refugees and migrant workers. For Russians opposing the war in Ukraine.

For all those who are in need of our prayers who have been inadvertently omitted from this list.

Please send prayer requests to Josh Goldberg, OFS.

*Do not be anxious about anything,
but in everything, by prayer and
petition, with thanksgiving, present
your request to God.*

Philippians 4:6-7




SEPTEMBER: MONTH OF THE HOLY CROSS

POETRY, DEVOTIONS & PRAYER



SEPTEMBER: MONTH OF THE HOLY CROSS

POETRY, DEVOTIONS & PRAYER



Lift high the Cross,
the love of Christ proclaim
until all the world adore
His Sacred Name!

Feast Day of the Exaltation of the Holy Cross
September 14

www.archtoronto.org

Song Lyrics by George William Kitchen and Michael Robert Newbolt, 1916

CALENDAR: ACTIVITIES & EVENTS

September is the Month of the Holy Cross*

- Sept. 1 Tau Monthly Gathering
World Day of Prayer for the Care of Creation
Season of Creation begins
- Sept. 3 Doug Fehrer's birthday
- Sept. 7 John Ata's birthday
- Sept. 8 Nativity of the Blessed Virgin Mary
- Sept. 10 Blessed Martyrs of Japan
- Sept. 11 Tau Profession Anniversary for Pat Riggles
- Sept. 12 Feast of the Name of Holy Mary
- Sept. 14 Exaltation of the Holy Cross
- Sept. 15 Feast of Our Lady of the Seven Sorrows
- Sept. 17 Feast of Stigmatization of St. Francis of Assisi
Tau Profession Anniversary for Joe Boyle
- Sept. 18 Feast of St. Joseph Cupertino
- Sept. 21 Feast of St. Matthew the Apostle
Tau Profession Anniversary for Cyndy Filan-Kim and Josh Goldberg
- Sept. 23 Feast of St. Pio of Pietrelcina
- Sept. 27 Memorial of St. Vincent de Paul
- Sept. 29 Feast of St. Michael the Archangel
World Day of Migrants and Refugees

*See the Franciscan Calendar for more dates:
<https://www.roman-catholic-saints.com/traditional-franciscan-calendar.html>

September 2024

Su	Mo	Tue	We	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024

Sun	Mo	Tue	We	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Thursday, September 5
12:30 PM



Diocese of Arlington Golden Jubilee Celebration

www.youtube.com/watch?v=UElykiwRXnE&utm

Saturday, September 7
St. Joseph Parish BBQ



Faith, food, and fun!
See the SJC website for details:
<https://sjcherndon.org>

NEXT TAU GATHERING

SEPTEMBER 1, 2024

SCHEDULE

- 1:30 PM** Opening Prayer
Social Time
- 2:00 PM** Bill Richey, OFS: Ongoing Formation
- 2:45 PM** Break
- 3:00 PM** Gil Donahue: "Stigmata of St. Francis"
- 3:30 PM** Angelus & Liturgy of the Hours
- 3:45 PM** Business Meeting
- 4:00 pm** Closing Prayer

St. Joseph
Room 205

During Ordinary Time, we will precede Liturgy of the Hours with the Angelus:

The Angelus

V. The Angel of the Lord declared
unto Mary,
R. And she conceived of the Holy
Spirit.
---- Pray The HAIL MARY ----

V. Behold the handmaid of the Lord,
R. Be it done unto me according to
your Word.
---- Pray The HAIL MARY ----

V. And the Word was made flesh,
R. And dwelt among us.
---- Pray The HAIL MARY ----

V. Pray for us, O holy Mother of God,
R. That we may be made worthy of the
promises of Christ.

--- LET US PRAY ---

Pour forth, we beseech You, O Lord, Your
grace into our hearts: that we, to whom
the Incarnation of Christ Your Son was
made known by the message of an Angel,
may by His Passion and Cross be brought
to the glory of His Resurrection. Through
the same Christ our Lord. Amen.



Pray The HOLY ROSARY Daily / facebook.com

INITIAL FORMATION

Candidate: Ch. 21 in *The Franciscan Journey*

ONGOING FORMATION

Bill Richey, OFS, asks members to view "Laity as Co-Creators of the Franciscan Spiritual Tradition" by Dr. Darleen Pryds of the Franciscan School of Theology in San Diego:

<https://www.youtube.com/watch?v=ftoD82yMpuw>

LITURGY OF THE HOURS

22ND SUNDAY IN ORDINARY TIME

[Evening Prayer](#) in *Christian Prayer*:

Ordinary: 694

Proper of Seasons: 628

Psalter: Sunday, Week II, 786

Hymn: TBD

Scripture & Responsory Reader: TBD

Contact
Liz Welborn, OFS,
to volunteer for
Scripture Reading
and Responsory.