



OF SPECIAL INTEREST:

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<https://tauofs.org/>

SEPTEMBER 2025

Minister's Message

Brothers and Sisters,

Peace and all good!

As summer draws to a close, many of us return from vacations or time away with family and friends. Vacations are often remembered for the places we see or the activities we do, but what they really give us is something much deeper. It's a chance to step back from the constant noise and pressures of daily life.

Away from our normal routines, we may notice how much we usually carry in our minds — the endless lists, responsibilities, and expectations. When these begin to quiet down, even for a short time, we catch a glimpse of a freer way of living. We remember that our worth is not measured by what we accomplish, but by who we are as a person.

Jesus said to His disciples, *"Come away by yourselves to a deserted place and rest a while"* (Mark 6:31). That same invitation is offered to us.

Vacation is a state of mind. And if we think of it this way, we could even create vacation-like conditions in our daily life, using prayer and meditation. But that's not to say we should skip vacations. Instead, let us enjoy our vacations and the peace they bring but also carry some of that "vacation quiet" back with us. These moments of stillness remind us of what matters most and help us live more fully.

Josh



TAU COUNCIL ELECTIONS: SEPTEMBER 7



CURRENT TAU COUNCIL NOMINEES*

| | |
|----------------------------------|------------------------------|
| For the Office of Minister: | Josh Goldberg, OFS |
| For the Office of Vice-Minister: | Cynthia Filan-Kim, OFS |
| For the Office of Secretary: | William Richey, OFS |
| For the Office of Treasurer: | Joseph Boyle, OFS |
| For Formation Director: | Gil Donahue, OFS |
| For Councilor-At-Large: | Kimberley Heatherington, OFS |

**Council members serve for a three-year term.
Nominations can also be made from the floor on the day of the election.*

Election Secretary: Pam Brooks, OFS
Election Tellers: Melissa Koltos & Mark Pearson

**Plan to attend the Tau General Meeting
on September 7**

**Remember:
We need a quorum to elect the Council!**



JUBILEE 2025

GENERAL CALENDAR

DECEMBER 2024

24 December

Opening of the Holy Door of Saint Peter's Basilica



JANUARY 2025

24-26 January

Jubilee of the World of Communications

FEBRUARY 2025

8-9 February

Jubilee of Armed Forces, Police and Security Personnel

15-18 February

Jubilee of Artists

21-23 February

Jubilee of Deacons

MARCH 2025

8-9 March

Jubilee of the World of Volunteering

28 March

24 Hours for the Lord

28-30 March

Jubilee of the Missionaries of Mercy

APRIL 2025

5-6 April

Jubilee of the Sick and Health Care Workers

25-27 April

Jubilee of Teenagers

28-29 April

Jubilee of People with Disabilities

MAY 2025

1-4 May

Jubilee of Workers

4-5 May

Jubilee of Entrepreneurs

10-11 May

Jubilee of Marching Bands

12-14 May

Jubilee of the Eastern Churches

16-18 May

Jubilee of Confraternities

30 May - 1 June

Jubilee of Families, Children, Grandparents and the Elderly



JUNE 2025

7-8 June

Jubilee of Ecclesial Movements, Associations and New Communities

9 June

Jubilee of the Holy See

14-15 June

Jubilee of Sport

20-22 June

Jubilee of Governments

23-24 June

Jubilee of Seminarians

25 June

Jubilee of Bishops

25-27 June

Jubilee of Priests

JULY 2025

28 July - 3 August

Jubilee of Youth

SEPTEMBER 2025

15 September

Jubilee of Consolation

20 September

Jubilee of Justice

26-28 September

Jubilee of Catechists

OCTOBER 2025

4-5 October

Jubilee of the Missions

4-5 October

Jubilee of Migrants

8-9 October

Jubilee of Consecrated Life

11-12 October

Jubilee of Marian Spirituality

31 October - 2 November

Jubilee of the World of Education



NOVEMBER 2025

16 November

Jubilee of the Poor

22-23 November

Jubilee of Choirs

DECEMBER 2025

14 December

Jubilee of Prisoners



VISIT THE WEBSITE

www.iubilaeum2025.va



[@iubilaeum25.va](https://www.instagram.com/iubilaeum25.va)



Organization

Tau Fraternity
St. Joseph Catholic Church
750 Peachtree St.
Herndon, VA 20170

Meetings every 1st Sunday
of the month at:
St. Joseph Catholic Church
750 Peachtree St., Room 205

PACE
& E
BENE

The Tau Fraternity of the Secular Franciscan Order was canonically established on June 21, 1992. The Fraternity is affiliated with the Third Order Regular of St. Francis, Province of the Most Sacred Heart of Jesus. Tau Fraternity is in the St. Margaret of Cortona Region of the Secular Franciscan Order.

The Tau Fraternity Council currently includes the following officers:

- Minister—Josh Goldberg, OFS
- Vice Minister—Liz Wellborn, OFS
- Formation Director—Bill Richey, OFS
- Secretary—Barbara Slivers, OFS
- Treasurer—Joe Boyle, OFS



Monthly Tau Contemplative Prayer & Franciscan Spirituality Zoom Discussion led by Gil Donahue, OFS



The Tau Contemplative Prayer & Franciscan Spirituality discussion group will return in October.

Watch this space for further details!

RECAP OF AUGUST 3 GATHERING

ONGOING FORMATION

Stanley Hoover read the Mass readings for Sunday July 6, 2025 and then read the sermon preached that day by Father Dominic T.O.R. at Saint Joseph's. (Father Dominic had given him a copy.) The readings for the Mass were Isaiah 66:10-14, Galatians 6: 14-18, and Luke 10: 1-12, 17-20.

What follows is a summary of some key points from Father Dominic's homily that Stanley read to us:

Life is not easy these days. There is much suffering. But we are not forgotten. God is with us. God is our comfort, strength, and mission. In Isaiah, God compares His love to a mother. He will comfort us like a mother comforts her child. We are not alone. God wants to be our strength, He gives us comfort, gentleness, healing.

In Galatians Paul reminds us that love means sacrifice. Many of us have Crosses in our daily lives. Paul tells us not to hide from our Crosses because in that pain Jesus is with us. Our Crosses come when we forgive, when we remain faithful, when we serve those who cannot repay us. Paul tells us that is where God's grace flows.

In the Gospel Luke tells us that the harvest is great but the laborers are few. All of us are sent. Our mission field is our workplace, our home, kitchen, phone conversations, classrooms, hospital shifts. Jesus says go, bring peace, bring me to others. We are not sent alone, we need each other, we need community. We bring peace, that is what the world is craving. We are not to worry about applause or appreciation. We just stay faithful, God sees it all. Every little sacrifice is written in Heaven. Here is the message for today:

If you are tired, God wants to comfort you like a mother.

If you are suffering, hold your Cross. It is not a punishment, it is a blessing.

If you are wondering what to do with your life, Jesus is sending you today.

If you feel small or unnoticed, remember your name is written in heaven.

Go with a mission. And let your life speak of God's love. You are not a face in the crowd. You are chosen, sent, and loved. Amen.

Stanley concluded his contribution to ongoing formation with much praise for Father Mark-Mary Ames' work: his book *Habits for Holiness*, his podcast "The Rosary in a Year," and a new book entitled *Eight Promises of God: Discovering Hope Through the Beatitudes*, with its strong theme of blessedness.

RECAP OF AUGUST 3 GATHERING

ONGOING FORMATION (CONTINUED)

This session ended with a brief discussion of Stephen Colbert's interview with Anderson Cooper about the death of Cooper's mother. Colbert had lost family members in an airplane crash, and he found much solace in Christ's suffering on the Cross. Josh said the interview was remarkable for such a candid discussion of Catholic faith on TV, and he would try to find it and send it out to the group.

PRESENTATION

Carlos Mariño, Veronica O'Donnell's Orthodox friend, gave a presentation on agreements and differences between the Roman Catholic and Eastern Orthodox forms of Christianity.

What follows is a summary of some key points of his presentation.

There have been many schisms and separations, but there are also many areas of agreement, such as sources of doctrine, the nature of God and the Holy Trinity, Christology, the Seven Sacraments, the Eucharist as the real Body and Blood, salvation through faith and works, Mariology, veneration of saints, inclusion of the departed, and bodily resurrection.

Carlos pointed out that the two branches also agree on what they reject: only the Bible (*sola scriptura*), faith alone (*sola fide*), "once saved always saved," predestination, and penal substitutionary atonement (God punished Jesus as a substitute for humanity's punishment).

Carlos noted that "East is East and West is West" in terms of cultural roots, temperament (intuitive, mystical, contemplative vs. rational, juridical), theological approach (emphasis on mystery and experience vs. philosophical and scholastic), and organizational mindset (conciliar vs. centralized).

"Major disagreements" concern the role of the Papacy (supremacy vs. primacy), infallibility, autocephalous (self-governing) churches, the Filioque (whether the Holy Spirit proceeds from both the Father and the Son), ancestral vs. original sin, the immaculate conception of Mary, purgatory, limbo, and hell.

In the handout Carlos also addressed "lesser disagreements," such as the mode of baptism, divorce or the date of Easter, and other ways in which the two forms of Christianity are "simply different," such as leavened or unleavened bread for the Eucharist, married priests, postures of prayer, and the sign of the cross.

APOSTOLATES

MISSIONARIES OF CHARITY HOSPICE

Thanks to our Brothers and Sisters who support the apostolate at the Missionaries of Charity Gift of Peace House. The next food delivery will be **Saturday, October 11.**

The menu will be "Pasta Extraordinaire." If you have not previously participated in the food preparation/donation, please consider doing so this month. Also, if you want to come along for the drive to the Missionaries of Charity Hospice in DC to help with delivery of food and kitchen supplies, let Joe and Veronica know.

ST. VINCENT DE PAUL

Help to feed the hungry. Joe Boyle, OFS, volunteered to shop and deliver food to the St. Vincent de Paul Society chapter at St. Timothy Catholic Church. Food donations may be dropped off prior to the Tau Gathering in the stairwell on the right at St. Joseph School. You can also provide a monetary donation to Joe, who is Tau Treasurer. Thank you!

For more information, see:

<https://sttimothyparish.org/outreach-and-ministries/st-vincent-de-paul/>

POOR CLARES OF NEW JERSEY

Tau Fraternity supports the Monastery of St. Clare in Chesterfield, NJ, with a biannual monetary donation. The monastery is home to Sister Karen Stapleton, OSC, who began her Franciscan journey with Tau Fraternity. The main work of the Poor Clares of NJ is to provide Altar Bread to parishes in the diocese of Trenton.

For more information, or to submit a prayer intention to the Poor Clares, see [The Poor Clares of New Jersey — Joyfully Embracing the Gospel Way of Life .\(poorclaresnewjersey.com\)](http://www.poorclaresnewjersey.com)

Watch their YouTube video [A Quiet Joy: New Jersey's Monastery of Saint Clare](https://www.youtube.com/watch?v=...)

FRANCISCAN MISSION SERVICE

Tau Fraternity provides a biannual monetary donation to Franciscan Mission Service. The organization prepares and supports lay Catholics for mission service opportunities around the globe. For more information, see [Home | Franciscan Mission Service](http://www.franciscanmission.org)

PRAYER SHAWL APOSTOLATE

Tau Fraternity provides handmade prayer shawls to individuals in the Diocese of Arlington. Currently, shawls are being provided to pregnant women participating in the Gabriel Project. For more information, please contact Sharon Goldberg, OFS.

ECUMENICAL APOSTOLATE

Tau Fraternity partners with the First Baptist Church of Herndon to provide English lessons to students. Tau members volunteer time and talent to teach at Introductory, Intermediate, and Advanced levels. For more information or to volunteer, please contact Bill Bouffard, OFS.



James 2:17

APOSTOLATES: TAU PRAYER SHAWL MINISTRY

The Tau Prayer Shawl Ministry has been busy — Sharon Goldberg, OFS, shared a picture of the shawls they knitted for August!

She reported, “We have distributed about 300 at this time, over three years now. All were given a card of grace-filled words of love and an assurance of our Tau Fraternity’s continued prayer support.”



TAU COMMITTEES

If you are interested in participating actively in a Tau Committee, take a moment to chat with the chair:

Cultural Diversity Committee (ESL) — Bill Bouffard, OFS
Hospitality Committee — Cyndy Filan-Kim, OFS
Interfaith/Ecumenical Committee — Kimberley Heatherington, OFS
Infirmarian Committee — Sharon Goldberg, OFS
Recruitment Committee — Vacant
Technology Committee — John Ata, OFS



TAU COMMITTEES: INTERFAITH/ECUMENICAL



Nostra Aetate at 60: Legacy and Challenges for Reconciliation and Interreligious Understanding

***September 15-16
Georgetown University Hilltop Campus***

Nostra Aetate is more relevant today than it was as a remarkable achievement 60 years ago when promulgated at Vatican II. Shortest of its 16 documents, with 436 of its 1,174 words dedicated to Jewish relations, *Nostra Aetate* repudiated past Catholic teachings about Jews, Muslims, and the followers of other religions and provided principles for dialogue and cooperation.

This conference will explore the new challenges for Christian-Jewish and interreligious relations in general, measuring the depth of *Nostra Aetate*'s legacy.

SEE THE SCHEDULE AND REGISTER HERE:

<https://berkleycenter.georgetown.edu/events/nostra-aetate-at-60-legacy-and-challenges-for-reconciliation-and-interreligious-understanding>

PRAYER INTENTIONS

HEAR US, LORD!

Please keep the following intentions in your prayers:

For Pope Leo XIV.

For the physical and spiritual healing of Sylvia Capurso; Cynthia Filan-Kim's sister; Sally White; Sally's husband Gary; Richard & Carole Clarke; their grandsons Liam and Rory.

For peace in the Middle East.

For the patients and Sisters at the Missionaries of Charity Gift of Peace House.

For the people affected by Coronavirus and their caregivers.

For the Mother of Mercy Free Medical Clinic and its patients.

For all peoples who suffer persecution.

For the country of Myanmar and its citizens.

For the victims of natural disasters and terror attacks.

For refugees and migrant workers.

For Russians opposing the war in Ukraine.

For all those who have lost their jobs, and are in need of employment.

For all those who have received shawls from the Tau Prayer Shawl Ministry.

For all those who are in need of our prayers who have been inadvertently omitted from this list.

Please send prayer requests to Josh Goldberg, OFS.

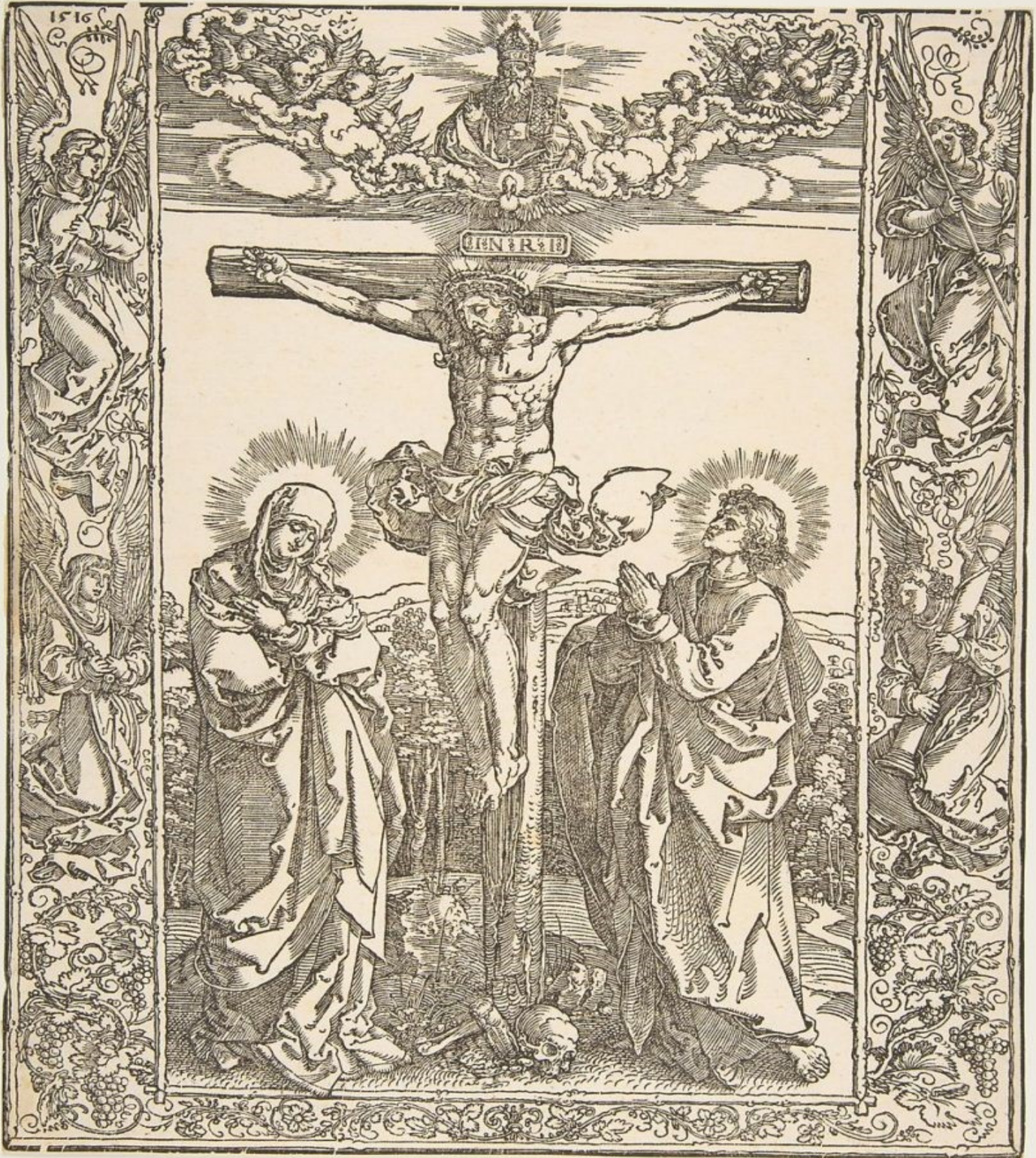
***Do not be anxious about anything,
but in everything, by prayer and
petition, with thanksgiving, present
your request to God.***

Philippians 4:6-7



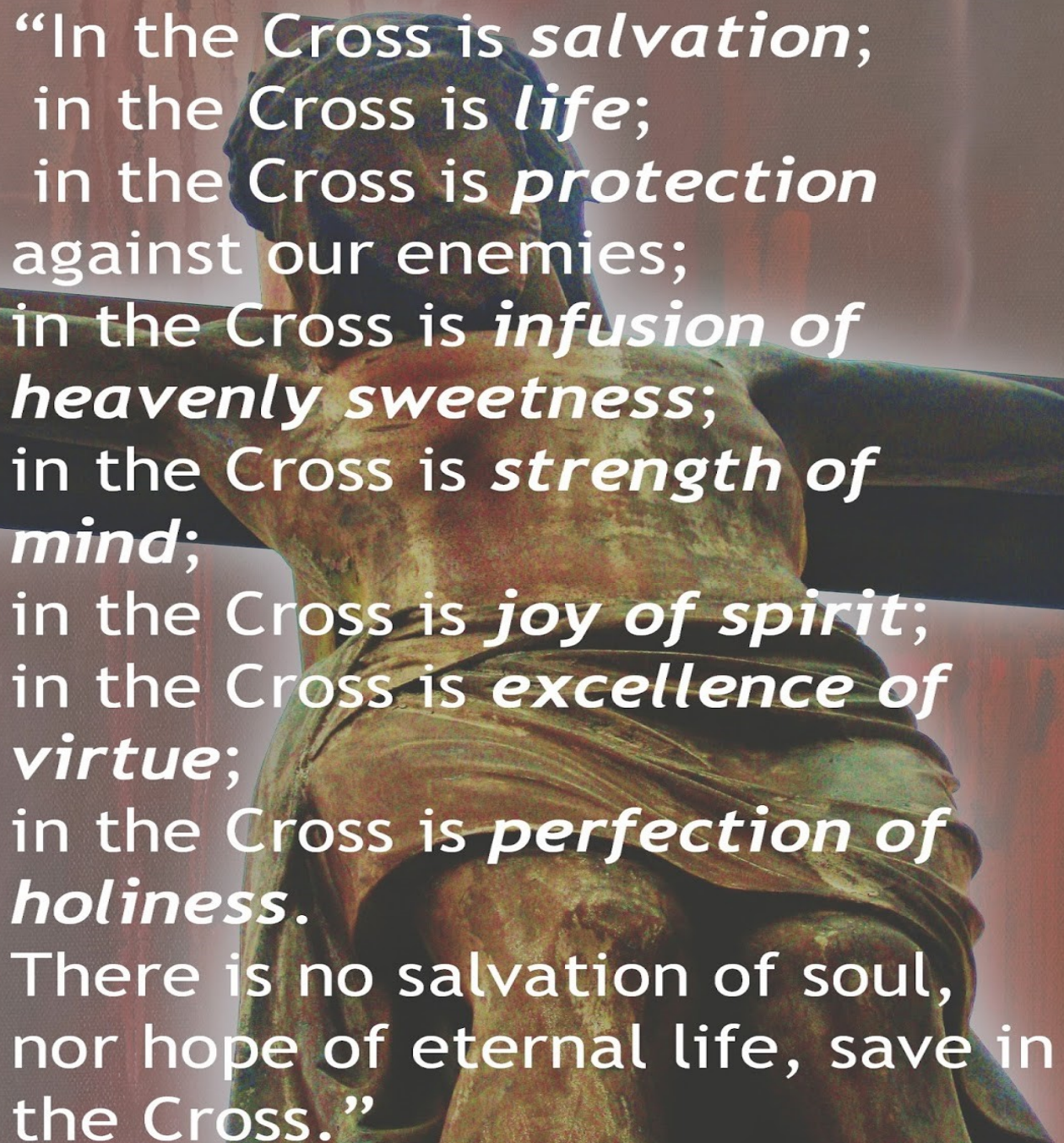
SEPTEMBER: MONTH OF THE HOLY CROSS

POETRY, DEVOTIONS & PRAYER



SEPTEMBER: MONTH OF THE HOLY CROSS

POETRY, DEVOTIONS & PRAYER



“In the Cross is *salvation*;
in the Cross is *life*;
in the Cross is *protection*
against our enemies;
in the Cross is *infusion of
heavenly sweetness*;
in the Cross is *strength of
mind*;
in the Cross is *joy of spirit*;
in the Cross is *excellence of
virtue*;
in the Cross is *perfection of
holiness*.
There is no salvation of soul,
nor hope of eternal life, save in
the Cross.”

— Thomas à Kempis, *The Inner Life*

Allisonttf.tumblr.com

SEPTEMBER: MONTH OF THE HOLY CROSS

POETRY, DEVOTIONS & PRAYER



PREPARE FOR THE TRANSITUS!

MORE DETAILS TO COME!

Transitus of St. Francis of Assisi and Profession of Candidate Jennifer Raimo Friday, October 3, 2025

The Transitus of Saint Francis is a yearly celebration by Franciscans around the world on October 3rd to commemorate the death of St. Francis — his "passing" or "transitus".

The celebration takes place on the night before his feast day and marks his transition from life on Earth to eternal life with God.

The word "transitus" comes from the Latin word for "passage" or "crossing."



SEASON OF CREATION 2025



SEASON OF CREATION 2025



Garden of Peace
Isaiah 32:14-18

PEACE WITH CREATION

SEASON OF CREATION 2025

We announce the theme for the Season of Creation 2025: "Peace with Creation," inspired by Isaiah 32:14-18:

"The effect of righteousness will be peace, and the result of righteousness, quietness and trust forever."



<https://seasonofcreation.org>

CALENDAR: ACTIVITIES & EVENTS

September is the Month of the Holy Cross*

- Sept. 1 World Day of Prayer for the Care of Creation
Season of Creation begins (Sept. 1 - Oct. 4)
- Sept. 3 Doug Fehrer's birthday
- Sept. 7 Tau Chapter of Elections
John Ata's birthday
- Sept. 8 Nativity of the Blessed Virgin Mary
- Sept. 11 Tau Profession Anniversary for Pat Riggles
- Sept. 12 Feast of the Name of Holy Mary
- Sept. 14 Exaltation of the Holy Cross
- Sept. 17 Feast of Stigmatization of St. Francis of Assisi
Tau Profession Anniversary for Joe Boyle
- Sept. 18 Feast of St. Joseph Cupertino
- Sept. 21 Feast of St. Matthew the Apostle
Tau Profession Anniversary for Cyndy Filan-Kim and Josh Goldberg
- Sept. 23 Feast of St. Pio of Pietrelcina
- Sept. 29 Feast of St. Michael the Archangel

*See the Franciscan Calendar for more dates:
<https://www.roman-catholic-saints.com/traditional-franciscan-calendar.html>

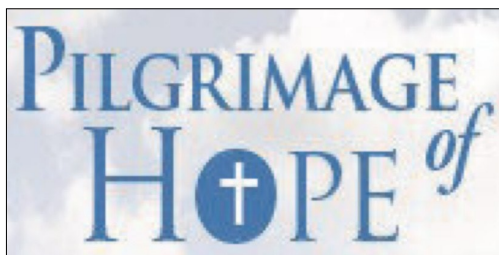
September 2025

| Su | Mo | Tue | We | Thu | Fri | Sat |
|----|----|-----|----|-----|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

October 2025

| Su | Mo | Tue | We | Thu | Fri | Sat |
|----|----|-----|----|-----|-----|-----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

Mass for Those Who are Suffering



September 27 at 8:30 AM
Corpus Christi - Aldie
41685 Corpus Christi Dr.



More details to come for the
Blessing of the Animals at
St. Joseph in October!

NEXT TAU GATHERING

SEPTEMBER 7, 2025

SCHEDULE

1:30 PM Chapter of Elections
The Angelus
Liturgy of the Hours
Closing Prayer

Length of gathering will be dependent upon duration of the election.

St. Joseph
Room 205

INITIAL FORMATION

Inquirers: Ch. 8 in *The Franciscan Journey*

Candidate: Break

**NO ONGOING FORMATION
FOR SEPTEMBER
CHAPTER OF ELECTIONS**

**During Ordinary Time, we will precede the
Liturgy of the Hours with The Angelus**

The Angelus

V. The Angel of the Lord declared
unto Mary,
R. And she conceived of the Holy
Spirit.
---- Pray The HAIL MARY ----

V. Behold the handmaid of the Lord,
R. Be it done unto me according to
your Word.
---- Pray The HAIL MARY ----

V. And the Word was made flesh,
R. And dwelt among us.
---- Pray The HAIL MARY ----

V. Pray for us, O holy Mother of God,
R. That we may be made worthy of the
promises of Christ.

--- LET US PRAY ---

Pour forth, we beseech You, O Lord, Your
grace into our hearts: that we, to whom
the Incarnation of Christ Your Son was
made known by the message of an Angel,
may by His Passion and Cross be brought
to the glory of His Resurrection. Through
the same Christ our Lord. Amen.



Pray The HOLY ROSARY Daily / facebook.com

LITURGY OF THE HOURS 23rd Sunday in Ordinary Time

Midday Prayer: See [here](#) or

[https://divineoffice.org/ord-w23-sun-dp2-current/?
date=20250907](https://divineoffice.org/ord-w23-sun-dp2-current/?date=20250907)

Evening Prayer:

Gospel Canticle and Prayer:
Evening Prayer II - pgs. 629, 628
Everything else: Sunday, Week III Evening
Prayer II - pg. 861

Hymn: "Holy, Holy, Holy" - #132
in *Christian Prayer*

**Contact
Liz Welborn, OFS,
to volunteer for
Scripture Reading &
Responsory, Opening Prayer,
& Presentations**